The Journal of the International Federation of Clinical Chemistry and Laboratory Medicine

This is a Platinum Open Access Journal distributed under the terms of the Creative Commons Attribution Non-Commercial License which permits unrestricted non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited.

Pooled analysis of diagnostic performance of the instrument-read Quidel Sofia SARS antigen Fluorescent Immunoassay (FIA)

Giuseppe Lippi^{1,2}, Brandon M. Henry^{1,3}, Mario Plebani^{1,4}

¹ IFCC Task Force on COVID-19, Milano, Italy and IFCC WG on SARS-CoV-2 variants.

- ² Section of Clinical Biochemistry and School of Medicine, University of Verona, Verona, Italy
- ³ Clinical Laboratory, Division of Nephrology and Hypertension, Cincinnati Children's Hospital Medical Center, Cincinnati OH, USA

⁴ Department of Medicine, University of Padova, Padova, Italy

ARTICLE INFO

Corresponding author:

Prof. Giuseppe Lippi Section of Clinical Biochemistry University Hospital of Verona Piazzale L.A. Scuro, 10 37134 Verona Italy Phone: 0039-045-8122970 Fax: 0039-045-8124308 E-mail: giuseppe.lippi@univr.it

Key words:

SARS-CoV-2, COVID-19, immunoassay, diagnosis, antigen

ABSTRACT

Background

This article presents a critical literature review and meta-analysis of diagnostic performance of Quidel Sofia SARS antigen Fluorescent Immunoassay (FIA), a rapid diagnostic antigen test (RDT-Ag) adapted for automatic reading with portable instruments, thus potentially combining the advantages of pointof-care testing with those of a laboratory-based immunoassay.

Methods

We conducted an electronic search in PubMed and Scopus with the keywords "Quidel" OR "SOFIA" AND "Antigen" AND "SARS-CoV-2" OR "COVID-19" up to March 24, 2023, for identifying articles containing data on accuracy of Quidel Sofia SARS antigen FIA for diagnosing acute SARS-CoV-2 infections. We selected those where test accuracy was compared to that of a reference SARS-CoV-2 molecular assay, and with sufficient information for constructing a 2×2 table.

Results

A total number of 18 articles (48165 samples; 9.8% positive at molecular testing) were included in this meta-analysis, averaging 24 sample cohorts. The diagnostic accuracy (summary area under the curve), sensitivity and specificity were 0.980, 0.76 and 1.00 in all samples, 0.981, 0.81 and 0.99 in samples collected from symptomatic patients, 0.931, 0.55 and 1.00 in those taken from asymptomatic patients, and 0.960, 0.77 and 0.99 in samples from mixed cohorts of patients, respectively. Minor and clinically negligible differences of accuracy could be found by comparing test results in nasal and nasopharyngeal swabs.

Conclusion

Quidel Sofia SARS Ag FIA meets the minimum performance criteria of accuracy for SARS-CoV-2 antigenic testing, thus combining satisfactory diagnostic performance with the advantages of being potentially used as a portable device.

INTRODUCTION

Three years after the World Health Organization (WHO) declared the outbreak of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) a pandemic, coronavirus disease 2019 (COVID-19) is still considered a public health emergency of international concern [1]. This is mostly due to the fact that the number of infections continues to grow irrespective of immunity and environmental conditions, thus no longer following the typical seasonal pattern that has characterized the early phase of the pandemic [2]. Along with a constant number of daily infections comes the still relevant impact that COVID-19 has on the most vulnerable parts of the population, especially comprising older people, immunocompromised patients, and those with underlying health conditions such as cancer, cardiovascular and pulmonary diseases, diabetes, obesity, and other chronic illness [3].

According to the WHO [4], a confirmed case of SARS-CoV-2 infection could be an individual with (i) a positive test result of a nucleic acid amplification test (NAAT) irrespective of other clinical or epidemiological criteria, or (ii) a positive test result of a professional used or self-test SARS-CoV-2 antigen (Ag) assay, meeting specific clinical (i.e., being symptomatic) or epidemiological (i.e., being a contact of a COVID-19 case or directly linked to a cluster) criteria. The International Federation of Clinical Chemistry and Laboratory Medicine (IFCC) has recently endorsed similar recommendations, stating that the diagnosis of an acute SARS-CoV-2 infection can be made by either molecular or Ag testing, reserving the use of the second approach to specific clinical settings (i.e., especially in those at lower risk of having an acute SARS-CoV-2 infection or for specific epidemiological purposes) [5]. Two recent economic analyses revealed that an approach based on sequential testing (SARS-CoV-2 Ag testing first, followed by NAAT in those testing negative) is not only clinically safe, but also is more cost-effective than molecular testing alone [6,7]. As concerns the specific diagnostic performance of SARS-CoV-2 Ag testing, both the WHO [8] and the IFCC [5,9] mandate that minimum performance criteria shall be met by SARS-CoV-2 Ag immunoassays, either rapid diagnostic tests (RDT-Ag) or laboratory based, in that they should display ≥0.80 sensitivity and ≥0.97 specificity, respectively, when used in suspected COVID-19 cases (i.e.,

symptomatic subjects). Recent literature review revealed that although most laboratorybased tests seem to fulfil these performance limits [10], the diagnostic accuracy of RDT-Ag varies broadly, with average sensitivity of 0.73 (95%CI, 0.69-0.76) in symptomatic subjects, decreasing to 0.55 (95%CI, 0.48-0.62) in those without symptoms [11]. Importantly, according to the Cochrane COVID-19 Diagnostic Test Accuracy Group, the vast majority of tests failed to meet the WHO and IFCC minimum sensitivity criterion of ≥0.80, thus raising serious doubts about their reliability and safety [11].

The diagnostic sensitivity of all SARS-CoV-2 Ag tests is influenced by a widely heterogeneous analytical sensitivity (i.e., the limit of detection; LoD) [12], as well as by a kaleidoscope of preanalytical and post-analytical variables [13], among which accuracy of test reading and interpretation play the lion's share [14]. Thus, the possibility to standardize and/or automate this last but highly relevant step of RDT-Ag performance now allowed by some commercial tests may help eliminate a very important source of variability in test performance.

For this purpose, the aim of this investigation is to provide a critical literature review and meta-analysis of the diagnostic performance of Quidel Sofia SARS antigen Fluorescent Immunoassay (FIA), a widely used RDT-Ag immunoassays adapted for being automatically read by a portable instrument, thus potentially combining the advantages of point-of-care (POC) testing with those of a laboratory-based immunoassay.

MATERIALS AND METHODS

Assay description

The Quidel Sofia SARS antigen Fluorescent Immunoassay has been specifically developed for qualitative detection of SARS-CoV-1 and SARS-CoV-2 nucleocapsid (n) protein. The test, included within the category of lateral flow immunofluorescent sandwich assays, has been specifically adapted for use with the portable Sofia, Sofia 2 and Sofia Q analyzers, thus enabling to achieve objective and automated test results within 15 min. According to manufacturer's indications, the assay should be specifically used for SARS-CoV-2 testing using direct nasal swabs collected from symptomatic patients within the first 5 days of symptoms onset, or for serial testing of asymptomatic patients (in such cases within 24-36 hours between repeated tests). The test has been cleared for being used as a POC, under a CLIA Certificate of Waiver, Certificate of Compliance, or Certificate of Accreditation.

The test sample is initially placed in a reagent tube (i.e., the swab is rotated for at least 3 times, pressing the head against the bottom and side of the tube for enabling optimal mixing with the buffer) for disrupting viral particles (thus enabling nucleoproteins exposition). A fixed sample volume (i.e., 120 uL) is then pipetted into a test cassette sample well, from where the sample migrates throughout the test strip. In the "WALK AWAY Mode" the cassette is immediately inserted into the portable analyzer, where test results could be displayed after 15 min, whilst in the "READ NOW Mode" the cassette in maintained outside of the analyzer for 15 min, then inserted and immediately read (i.e., within 1 min). When either SARS-CoV-1 or SARS-CoV-2 viral N antigens are present (the test does not differentiate between the two coronaviruses), they are sequestered within a specific site. The analyzer then scans the test strip and measures the fluorescent signal, transforming the fluorescent measure in antigen concentration by means of a method-specific algorithm.

Search strategy

We planned an electronic search in Medline (PubMed interface) and Scopus, using the keywords "Quidel" OR "SOFIA" AND "Antigen" AND "SARS-CoV-2" OR "COVID-19" in all search fields, without language or time constrains (i.e., up to March 24, 2023), for identifying published articles that contained data on accuracy of Quidel Sofia SARS antigen FIA for diagnosing COVID-19. Two authors (G.L. and B.M.H.) screened all articles originally detected based on the predefined search criteria, selecting those with the following inclusion criteria: (i) Quidel Sofia SARS antigen FIA diagnostic performance was compared versus a reference molecular technique; (ii) data on true positive (TP), true negative (TN), false positive (FP) and false negative (FN) rates could be extracted from the text of the article, or could be otherwise provided by the authors after direct request (i.e., by emailing the corresponding authors).

After extraction, data were used for constructing a 2×2 table, which enabled the estimation of pooled accuracy (based on a Summary Receiver Operating Characteristic Curve; SROC), sensitivity and specificity with their respective 95% confidence interval (95%CI). Separate analyses were conducted according to the respiratory sample type (i.e., nasal or nasopharyngeal swab) and the population enrolled (asymptomatic, symptomatic, mixed). The Mantel-Haenszel test and random effects model were used for finally pooling the data, while the heterogeneity was calculated with χ^2 test and I² statistics. The statistical analysis was performed with Meta-DiSc 1.4 (Unit of Clinical Biostatistics team of the Ramón y Cajal Hospital, Madrid, Spain) [15].

This analysis was performed in accordance with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA Checklist, available as Supplementary File 1), conducted in agreement with the Declaration of Helsinki and within the terms of local legislation. No ethical committee approval was required for performing this critical literature review and meta-analysis.

RESULTS

Our digital search in PubMed and Scopus based on the aforementioned criteria allowed to initially identify 70 articles after eliminating redundancy between the two scientific databases. We then excluded 52 articles, for the following reasons: 36 studies which did not report any data on diagnostic testing, 5 were unsuitable for constructing the 2×2 table (including no response after delivering a specific request to the authors for the data), 6 were literature reviews, 2 did not contain specific data on Quidel Sofia SARS antigen FIA, 2 were focused on performance of SARS-CoV-2 antigen manual assay, and 1 that reported data on a duplicate cohort included in a large subsequent investigation. Thus, a total of 18 articles (totalling 48165 samples; range, 43-23462; 9.8% NAAT positive) meeting our inclusion criteria were finally included in this meta-analysis, equating to 24 sample cohorts (Table 1) [16-33]. Specifically, 4 studies included mixed cohorts of asymptomatic and symptomatic subjects, 5 included two separate cohorts of asymptomatic or symptomatic patients, 7 included only symptomatic patients, and 2 studies included only asymptomatic subjects. As concerns the type of the sample, one study included a single cohort of patients with double sample collection (i.e., nasal and nasopharyngeal), in 16 cohorts only a nasal swab was collected and in 6 cohorts a single nasopharyngeal swab was taken.

The overall diagnostic performance of Quidel Sofia SARS antigen FIA in all samples (i.e., nasal and/or nasopharyngeal) is summarized in figure 1 and table 2, displaying 0.980 (with 0.01

SE) area under the curve (AUC), 0.76 (95%CI, 0.74-0.78; l², 95%) sensitivity and 1.00 (95%Cl, 1.00-1.00; I², 86%) specificity. The corresponding values of AUC, sensitivity and specificity in the reference nasal swab were 0.987 (with 0.01 SE), 0.72 (95%CI, 0.69-0.75; I², 89%) and 1.00 (95%CI, 1.00-1.00; I², 81%). In samples taken from symptomatic cohorts (Figure 2), the cumulative AUC (0.981 with 0.02 SE) and sensitivity (0.81; 95%CI, 0.77-0.83; I², 22%) were predictably higher, whilst the specificity remained almost unvaried (0.99; 95%CI, 0.99-0.99; I², 0%). Nearly identical results were found when limiting the analysis to the reference nasal swab, displaying 0.963 (with 0.05 SE) AUC, 0.80 (95%CI, 0.77-0.83; I², 0%) sensitivity and 0.99 (95%Cl, 0.99-1.00; I², 0%) specificity. These performances obviously decreased in samples taken from asymptomatic subjects (Figure 3), AUC being 0.931 (with 0.01 SE), 0.55 (95%Cl, 0.48-0.61; I², 93%) the sensitivity and 1.00 (95%Cl, 1.00-1.00; l², 89%) the specificity. Using the nasal reference sample collected from asymptomatic subjects the AUC was 0.888 (with 0.07 SE), the sensitivity 0.45 (95%CI, 0.37-0.52; I², 93%) and the specificity 1.00 (95%CI, 1.00-1.00; I², 91%). Finally, in the four studies which included mixed cohorts of asymptomatic and symptomatic patients (all except one using nasopharyngeal samples; and study excluded due to lack of negative controls) (Figure 4), the AUC was 0.960 (with 0.03 SE), the sensitivity 0.77 (95%CI, 0.75-0.80; I², 99%) and the specificity 0.99 (95%CI, 0.99-1.00; I², 93%). Table 3 synthesizes the diagnostic performance

Table 1Summary of the characteristics of the studies which explored the performance of Quidel Sofia SARS antigen Fluorescent Immunoassay (FIA) for diagnosing acute SARS-CoV-2 infections							
Study	Country	Sample matrix	Sample size	Population	Reference test		
Alonaizan et al 2022 [16]	., Saudi Arabia	Nasal swab	76	Asymptomatic	RT-PCR (Cepheid GeneXpert GX-XVI SARS-CoV-2)		
Alonaizan et al 2022 [16]	., Saudi Arabia	Naso- pharyngeal swab	76	Asymptomatic	RT-PCR (Cepheid GeneXpert GX-XVI SARS-CoV-2)		
Bachman et al 2021 [17]	'' USA	Nasal swab	170	Symptomatic	RT-PCR (CDC 2019-nCoV RT-PCR Diagnostic Panel)		
Beck et al., 2021 [18]	USA	Nasal swab	346	Symptomatic	RT-PCR (Hologic Aptima Panther SARS-CoV-2 TMA test)		
Bornemann et a 2022 [19]	il., Germany	Naso- pharyngeal swab	7859	Asymptomatic + symptomatic	RT-PCR (Multiple assays)		

Černila et al., 2023 [20]	Slovenia	Naso- pharyngeal swab	804	Asymptomatic + symptomatic	RT-PCR (unspecified)
Černila et al., 2023 [20]	Slovenia	Naso- pharyngeal swab	132	Symptomatic	RT-PCR (unspecified)
Epling et al., 2022 [21]	USA	Nasal swab	117	Symptomatic	RT-PCR (unspecified)
Ford et al., 2021 [22]	USA	Nasal swab	865	Asymptomatic	RT-PCR (CDC 2019-nCoV RT-PCR Diagnostic Panel)
Ford et al., 2021 [22]	USA	Nasal swab	266	Symptomatic	RT-PCR (CDC 2019-nCoV RT-PCR Diagnostic Panel)
Freeman et al., 2022 [23]	USA	Nasal swab	138	Asymptomatic	RT-PCR (Cepheid Xpert Xpress SARS-CoV-2)
Freeman et al., 2022 [23]	USA	Nasal swab	249	Symptomatic	RT-PCR (Cepheid Xpert Xpress SARS-CoV-2)
Hahn et al., 2021 [24]	USA	Naso- pharyngeal swab	60	Asymptomatic + symptomatic	RT-PCR (New York SARS- CoV-2 RT-PCR)
Harmon et al., 2021 [25]	USA	Nasal swab	23462	Asymptomatic	RT-PCR (Multiple assays)
Harris et al., 2021 [26]	USA	Nasal swab	885	Symptomatic	RT-PCR (CDC 2019-nCoV RT-PCR Diagnostic Panel)
Jääskeläinen et al., 2021 [27]	Finland	Nasal swab	148	Symptomatic	RT-PCR (In-house)
Mack et al., 2021 [28]	USA	Naso- pharyngeal swab	10982	Asymptomatic + symptomatic	RT-PCR (Multiple assays)
Mitchell et al., 2021 [29]	USA	Nasal swab	144	Asymptomatic	RT-PCR (Cepheid Xpert Xpress SARS-CoV-2)
Mitchell et al., 2021 [29]	USA	Nasal swab	104	Symptomatic	RT-PCR (Cepheid Xpert Xpress SARS-CoV-2)
Porte et al., 2021 [30]	Chile	Naso- pharyngeal swab	64	Symptomatic	RT-PCR (Primerdesign COVID-19 Genesig)

Diagnostic performance of the instrument-read Quidel Sofia SARS antigen Fluorescent Immunoassay (FIA)

Pray et al., 2021 [31]	USA	Nasal swab	871	Asymptomatic	RT-PCR (CDC 2019-nCoV RT-PCR Diagnostic Panel)
Pray et al., 2021 [31]	USA	Nasal swab	53	Symptomatic	RT-PCR (CDC 2019-nCoV RT-PCR Diagnostic Panel)
Smith et al., 2021 [32]	USA	Nasal swab	43	Asymptomatic + symptomatic	RT-PCR (Abbott Alinity)
Young et al., 2020 [33]	USA	Nasal swab	251	Symptomatic	RT-PCR (BD MAX real- time SARS-CoV-2 PCR assay)

Figure 1 Summary of the diagnostic performance (area under the curve [AUC], sensitivity and specificity) of the studies which cumulatively explored the performance of Quidel Sofia SARS antigen Fluorescent Immunoassay (FIA) for diagnosing acute SARS-CoV-2 infections



Page 129 eJIFCC2023Vol34No2pp123-141

Diagnostic performance of the instrument-read Quidel Sofia SARS antigen Fluorescent Immunoassay (FIA)

Figure 2 Summary of the diagnostic performance (area under the curve [AUC], sensitivity and specificity) of the studies which explored the performance of Quidel Sofia SARS antigen Fluorescent Immunoassay (FIA) for diagnosing acute SARS-CoV-2 infections in samples taken from symptomatic subjects



Table 2Summary of the diagnostic performance of the studies which explored
the performance of Quidel Sofia SARS antigen Fluorescent Immunoassay
(FIA) for diagnosing acute SARS-CoV-2 infections

Cohort	AUC (SE)	Sensitivity (95%CI)	Specificity (95%CI)
All samples	0.980 (0.01)	0.76 (0.74-0.78)	1.00 (1.00-1.00)
All samples (nasal swab)	0.987 (0.01)	0.72 (0.69-0.75)	1.00 (1.00-1.00)
Symptomatic patients	0.981 (0.02)	0.81 (0.77-0.83)	0.99 (0.99-0.99)

Diagnostic performance of the instrument-read Quidel Sofia SARS antigen Fluorescent Immunoassay (FIA)

Symptomatic patients (nasal swab)	0.963 (0.05)	0.80 (0.77-0.93)	0.99 (0.99-1.00)
Asymptomatic patients	0.931 (0.01)	0.55 (0.46-0.61)	1.00 (1.00-1.00)
Asymptomatic patients (nasal swab)	0.888 (0.07)	0.45 (0.37-0.52)	1.00 (1.00-1.00)
Mixed cohorts	0.960 (0.03)	0.77 (0.75-0.80)	0.99 (0.99-1.00)

Figure 3Summary of the diagnostic performance
(area under the curve [AUC], sensitivity and specificity)
of the studies which explored the performance
of Quidel Sofia SARS antigen Fluorescent Immunoassay (FIA)
for diagnosing acute SARS-CoV-2 infections in samples
taken from asymptomatic subjects



Page 131 eJIFCC2023Vol34No2pp123-141

Diagnostic performance of the instrument-read Quidel Sofia SARS antigen Fluorescent Immunoassay (FIA)

Figure 4 Summary of the diagnostic performance (area under the curve [AUC], sensitivity and specificity) of the studies which explored the performance of Quidel Sofia SARS antigen Fluorescent Immunoassay (FIA) for diagnosing acute SARS-CoV-2 infections in samples taken from mixed cohort of asymptomatic and symptomatic subjects



Table 3	Synthesis of the diagnostic performance of studies which explored
	the performance of Quidel Sofia SARS antigen Fluorescent Immunoassay
	(FIA) for diagnosing acute SARS-CoV-2 infections and ought
	to be excluded from the meta-analysis due to unavailability
	of data for constructing a 2x2 table

Authors	Cohort	Sensitivity (95% CI)	Specificity (95% CI)
Agard et al., 2022 [34]	Low-risk	0.26 (-)	1.00 (-)
Agard et al., 2022 [34]	High-risk	0.37 (-)	1.00 (-)
Al-Alawi et al., 2021 [35]	Symptomatic patients	0.64 (0.50-0.77)	0.97 (0.95-0.98)

Diagnostic performance of the instrument-read Quidel Sofia SARS antigen Fluorescent Immunoassay (FIA)

Brihn et al., 2021 [36]	Asymptomatic patients	0.60 (0.50-0.71)	1.00 (0.99-1.00)
Brihn et al., 2021 [36]	Symptomatic patients	0.72 (0.61-0.83)	0.99 (0.97-1.00)
Schroeder et al., 2022 [37]	Asymptomatic patients	0.60 (0.45-0.71)	-
Schroeder et al., 2022 [37]	Symptomatic patients	0.77 (0.560.85)	-

of four other studies [34-37] which reported quantitative data on the diagnostic accuracy of Quidel Sofia SARS antigen FIA, but were excluded due to unavailability of sufficient information for constructing a 2×2 table.

DISCUSSION

Due to the ongoing surge of infections and the predictable transformation of COVID-19 into an endemic disease, SARS-CoV-2 testing remains of paramount importance for a variety of reasons beyond diagnosing an acute viral infection, thus including the anticipation of local outbreaks [38], predicting future pressure on healthcare systems [39], and timely detection of changes in viral biology and its interaction with the host (i.e., emergence of new variants) [40]. In this problematic scenario, the availability of easy, rapid, affordable, and reliable tests is central to the paradigm for the future management of COVID-19.

Despite recent endorsements by both the WHO and IFCC, which paved the way to diffuse usage of SARS-CoV-2 Ag testing at the population level, concerns have grown as to whether most of these rapid tests would display sufficient accuracy for being used for screening, especially in symptomatic subjects. The recent meta-analysis of the Cochrane COVID-19 Diagnostic Test Accuracy Group revealed that even in high-risk (i.e., symptomatic) populations, the accuracy of such tests is extremely heterogeneous, exhibiting a pooled diagnostic accuracy of 0.76 (95%CI, 0.70-0.81), that only approximates the minimum performance criterion of ≥0.80 set by the WHO even at the upper limit of the 95%CI [11], and decreasing further to 0.72 (95%CI, 0.69-0.75) when data from "sensitivity-only" investigations were included. Not surprisingly, the diagnostic sensitivity fell well below the WHO sensitivity limit when the analysis included asymptomatic cohorts (i.e., 0.57; 95%CI, 0.48-0.65), becoming the lowest when these tests are used for purposes of large population screening (i.e., 0.45; 95%CI; 0.36-0.54) [11]. Many reasons have been highlighted for justifying the lower diagnostic performance of SARS-CoV-2 RDT-Ag compared to NAATs and even to laboratorybased immunoassay, including the fact that the visual reading of test results, often performed by the patients themselves, may lead to inaccurate interpretation [41], an issue which could be theoretically overcome using analyzer-read SARS-CoV-2 RDT-Ag [42].

The results of our meta-analysis of studies which explored the performance of Quidel Sofia SARS Ag FIA for diagnosing acute SARS-CoV-2 infections reveal that the overall performance of this instrument-read test satisfactory met the WHO threshold of ≥ 0.80 and ≥ 0.97 diagnostic sensitivity and specificity in symptomatic individuals (i.e., being 0.81 and 1.00), thus achieving satisfactory accuracy for being used for the WHO and IFCC intended purposes, irrespectively of the type of sample being tested (i.e., nasal or nasopharyngeal swab; table 2). Notably, the diagnostic performance was also found to be nearly optimal in the mixed cohorts of patients (i.e., 0.77 sensitivity and 0.99 specificity), whilst the diagnostic sensitivity remained definitively low in cohorts of asymptomatic subjects (i.e., 0.55, decreasing to 0.45 when using nasal swabs). Similar results were reported in the four studies whose results could not be pooled in our analysis, with values of diagnostic sensitivity in samples taken from symptomatic individuals comprised between 0.64-0.77 and specificity always ≥0.97. Expectedly, even in these investigations the diagnostic sensitivity of Quidel Sofia SARS Ag FIA was found to be remarkably decreased in samples taken from asymptomatic or mixed cohorts of subjects (i.e., between 0.26-0.60). These results are hence aligned to those earlier published by the Cochrane COVID-19 Diagnostic Test Accuracy Group, which pooled the results of only 4 studies (with 1064 samples) and calculated an overall diagnostic sensitivity of 0.80 (95%CI, 0.72-0.86) and an overall diagnostic specificity of 0.99 (95%CI, 0.99-1.00) for Quidel Sofia SARS Ag FIA. Importantly, the article by Ford et al. provided additional information on the use of such test, showing that the diagnostic sensitivity parallels the likelihood of obtaining a positive viral culture, thus enabling a very accurate identification of contagious subjects [22]. Two additional studies, excluded from our pooled analysis because they lacked clinical performance data deserve to be briefly mentioned. Deil et al. carried out a preliminary analysis by constructing a mathematical model for estimating the economical burden of sample-and-stay strategy in German healthcare workers based on the use of Quidel Sofia SARS Ag FIA, and concluded that sequential testing was effective to significantly lower the cumulative hospital expenditure due to shortage of quarantined hospital staff [43]. In a subsequent investigation, the same authors explored the economic impact of using the Quidel Sofia

SARS Ag FIA compared to that based on clinical judgement and NAAT for diagnosing COVID-19 in a cohort of German adult patients presenting to the emergency department, concluding that the RDT-AG test enabled to substantially reduce hospital costs by over 200 € for each patient tested [44].

In conclusion, the results of this critical literature review and meta-analysis suggest that the modest but significant improvement shown by the instrument-read Quidel Sofia SARS Ag FIA over more traditional "optically only"-read RDT-Ag would straightforwardly align its diagnostic accuracy to that exhibited cumulatively by laboratory-based SARS-CoV-2 immunoassays, (i.e., 0.76 vs. 0.73 sensitivity and 1.00 vs. 0.98 specificity) [10]. This test may hence combine satisfactory diagnostic performance with the advantages of being potentially used as a POC. On the other hand, the still insufficient diagnostic sensitivity emerged from our analysis in samples taken from asymptomatic patients would suggest to discourage its usage – as with most other SARS-CoV-2 Ag immunoassays for diagnosis of acute SARS-CoV-2 infection in low-probability subjects. However, in such settings, it could be theoretically used to identify those with higher viral load, who may be responsible for a substantially higher burden of transmission.

Conflicts of interest

The authors declare no conflict of interest.

REFERENCES

1. McVernon J, Liberman J. WHO keeps covid-19 a public health emergency of international concern. BMJ 2023; 380:p504.

2. Mattiuzzi C, Henry BM, Lippi G. Regional Association between Mean Air Temperature and Case Numbers of Multiple SARS-CoV-2 Lineages throughout the Pandemic. Viruses 2022;14:1913.

3. Lippi G, Sanchis-Gomar F, Henry BM. Coronavirus disease 2019 (COVID-19): the portrait of a perfect storm. Ann Transl Med 2020;8:497.

4. World Health Organization. Public health surveillance for COVID-19: interim guidance - Interim guidance. Available at: <u>https://www.who.int/publications/i/item/WHO-2019-nCoV-SurveillanceGuidance-2022.2</u>. Last accessed, March 23, 2023.

5. Lippi G, Favresse J, Gromiha MM, SoRelle JA, Plebani M, Henry BM. Ad interim recommendations for diagnosing SARS-CoV-2 infection by the IFCC SARS-CoV-2 variants working group. Clin Chem Lab Med 2022;60:975-81.

6. Pighi L, Henry BM, Mattiuzzi C, De Nitto S, Salvagno GL, Lippi G. Cost-effectiveness analysis of different COVID-19 screening strategies based on rapid or laboratory-based SARS-CoV-2 antigen testing. Clin Chem Lab Med. 2023 Feb 28. doi: 10.1515/cclm-2023-0164. Epub ahead of print.

7. Bernasconi L, Neyer P, Oberle M, Schmid B, Martin E, Fankhauser H, et al. Efficiency evaluation of a SARS-CoV-2 diagnostic strategy combining high throughput quantitative antigen immunoassay and real time PCR. Clin Chem Lab Med. 2023 Mar 22. doi: 10.1515/cclm-2023-0087. Epub ahead of print.

8. World Health Organization. Antigen-detection in the diagnosis of SARS-CoV-2 infection. Available at: <u>https://www.who.int/publications/i/item/antigen-detection-in-the-diagnosis-of-sars-cov-2infection-using-rapid-immu-noassays</u>. Last accessed: March 23, 2023.

9. Favresse J, Douxfils J, Henry B, Lippi G, Plebani M. Clinical Chemistry and Laboratory Medicine celebrates 60 years - narrative review devoted to the contribution of the journal to the diagnosis of SARS-CoV-2. Clin Chem Lab Med. 2022 Nov 24. doi: 10.1515/cclm-2022-1166. Epub ahead of print.

10. Lippi G, Henry BM, Plebani M. Pooled analysis of laboratory-based SARS-CoV-2 antigen immunoassays. Clin Chem Lab Med. 2023 Jan 12. doi: 10.1515/cclm-2022-1321. Epub ahead of print.

11. Dinnes J, Sharma P, Berhane S, van Wyk SS, Nyaaba N, Domen J, et al. Rapid, point-of-care antigen tests for diagnosis of SARS-CoV-2 infection. Cochrane Database Syst Rev 2022;7:CD013705.

12. Cubas-Atienzar AI, Kontogianni K, Edwards T, Wooding D, Buist K, Thompson CR, et al. Limit of detection in different matrices of 19 commercially available rapid antigen tests for the detection of SARS-CoV-2. Sci Rep 2021;11:18313.

13. Lippi G, Henry BM, Plebani M. An overview of the most important preanalytical factors influencing the clinical performance of SARS-CoV-2 antigen rapid diagnostic tests (Ag-RDTs). Clin Chem Lab Med 2022;61:196-204.

14. Ang GY, Chan KG, Yean CY, Yu CY. Lateral Flow Immunoassays for SARS-CoV-2. Diagnostics (Basel) 2022;12:2854.

15. Zamora J, Abraira V, Muriel A, Khan KS, Coomarasamy A. Meta-DiSc: a software for meta-analysis of test accuracy data. BMC Med Res Methodol 2006;6:31.

16. Alonaizan F, AlHumaid J, AlJindan R, Bedi S, Dardas H, Abdulfattah D, et al. Sensitivity and Specificity of Rapid SARS-CoV-2 Antigen Detection Using Different Sampling Methods: A Clinical Unicentral Study. Int J Environ Res Public Health 2022;19:6836.

17. Bachman CM, Grant BD, Anderson CE, Alonzo LF, Garing S, Byrnes SA, et al. Clinical validation of an openaccess SARS-COV-2 antigen detection lateral flow assay, compared to commercially available assays. PLoS One 2021;16:e0256352.

18. Beck ET, Paar W, Fojut L, Serwe J, Jahnke RR. Comparison of the Quidel Sofia SARS FIA Test to the Hologic Aptima SARS-CoV-2 TMA Test for Diagnosis of COVID-19 in Symptomatic Outpatients. J Clin Microbiol 2021;59: e02727-20.

19. Bornemann L, Dähne T, Fomenko A, Kaup O, Kleideiter J, Kulis-Horn R, et al. Performance of the Sofia SARS-CoV-2 rapid antigen test as frontline test in a university hospital, Germany. Diagn Microbiol Infect Dis 2022;103: 115663.

20. Černila M, Logar M, Možina H, Osredkar J. Comparison between the Sofia SARS Antigen FIA Test and the PCR Test in Detection of SARS-CoV-2 Infection. Lab Med 2023;54:e44-8.

21. Epling J, Lowery M, Mahoney A, Baffoe-Bonnie A, Locklear T, Tenzer M, et al. Diagnostic accuracy of a new COVID-19 antigen test obtained by mid-turbinate swab. Ann Fam Med. 2022 Apr 1;(20 Suppl 1). doi: 10.1370/afm.20.s1.2920.

22. Ford L, Lee C, Pray IW, Cole D, Bigouette JP, Abedi GR, et al. Epidemiologic Characteristics Associated With Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) Antigen-Based Test Results, Real-Time Reverse Transcription Polymerase Chain Reaction (rRT-PCR) Cycle Threshold Values, Subgenomic RNA, and Viral Culture Results From University Testing. Clin Infect Dis 2021;73:e1348-55.

23. Freeman MC, Freeman TJ, Iagnemma J, Rasmussen J, Heidenreich K, Wells A, et al. Performance of the Sofia SARS-CoV-2 Rapid Antigen Test in Symptomatic and Asymptomatic Pediatric Patients. J Pediatric Infect Dis Soc 2022;11:417-21.

24. Hahn M, Olsen A, Stokes K, Fowler RC, Gu R, Semple-Lytch S, et al. Use, Safety Assessment, and Implementation of Two Point-of-Care Tests for COVID-19 Testing. Am J Clin Pathol 2021;156:370-80.

25. Harmon K, de St Maurice AM, Brady AC, Swaminathan S, Aukerman DF, Rueda MA, et al. Surveillance testing for SARS-COV-2 infection in an asymptomatic athlete population: a prospective cohort study with 123 362 tests and 23 463 paired RT-PCR/antigen samples. BMJ Open Sport Exerc Med 2021;7:e001137.

26. Harris DT, Badowski M, Jernigan B, Sprissler R, Edwards T, Cohen R, et al. SARS-CoV-2 Rapid Antigen Testing of Symptomatic and Asymptomatic Individuals on the University of Arizona Campus. Biomedicines 2021;9: 539.

27. Jääskeläinen AE, Ahava MJ, Jokela P, Szirovicza L, Pohjala S, Vapalahti O, et al. Evaluation of three rapid lateral flow antigen detection tests for the diagnosis of SARS-CoV-2 infection. J Clin Virol 2021;137:104785.

28. Mack CD, Osterholm M, Wasserman EB, Petruski-Ivleva N, Anderson DJ, Myers E, et al. Optimizing SARS-CoV-2 Surveillance in the United States: Insights From the National Football League Occupational Health Program. Ann Intern Med 2021;174:1081-9.

29. Mitchell SL, Orris S, Freeman T, Freeman MC, Adam M, Axe M, et al. Performance of SARS-CoV-2 antigen testing in symptomatic and asymptomatic adults: a singlecenter evaluation. BMC Infect Dis 2021;21:1071.

30. Porte L, Legarraga P, Iruretagoyena M, Vollrath V, Pizarro G, Munita J, et al. Evaluation of two fluorescence immunoassays for the rapid detection of SARS-CoV-2 antigen-new tool to detect infective COVID-19 patients. PeerJ 2021;9:e10801.

31. Pray IW, Ford L, Cole D, Lee C, Bigouette JP, Abedi GR, et al. Performance of an Antigen-Based Test for Asymptomatic and Symptomatic SARS-CoV-2 Testing at Two University Campuses - Wisconsin, September-October 2020. MMWR Morb Mortal Wkly Rep 2021;69:1642-7.

32. Smith RL, Gibson LL, Martinez PP, Ke R, Mirza A, Conte M, et al. Longitudinal Assessment of Diagnostic Test Performance Over the Course of Acute SARS-CoV-2 Infection. J Infect Dis;224:976-82.

33. Young S, Taylor SN, Cammarata CL, Varnado KG, Roger-Dalbert C, Montano A, et al. Clinical Evaluation of BD Veritor SARS-CoV-2 Point-of-Care Test Performance Compared to PCR-Based Testing and versus the Sofia 2 SARS Antigen Point-of-Care Test. J Clin Microbiol 2020; 59:e02338-20. 34. Agard A, Elsheikh O, Bell D, Relich RF, Schmitt BH, Sadowski J, et al. Clinical comparison and agreement of PCR, antigen, and viral culture for the diagnosis of COVID-19: Clinical Agreement Between Diagnostics for COVID19. J Clin Virol Plus 2022;2:100099.

35. Al-Alawi S, Al-Hinai H, Al-Kindi N, Al-Rashidi M, Al-Kindi H, Al-Shukri I, et al. Evaluation of Four Rapid Antigen Tests for Detection of SARS-CoV-2 virus. Oman Med J 2021;36:e297.

36. Brihn A, Chang J, OYong K, Balter S, Terashita D, Rubin Z, et al. Diagnostic Performance of an Antigen Test with RT-PCR for the Detection of SARS-CoV-2 in a Hospital Setting - Los Angeles County, California, June-August 2020. MMWR Morb Mortal Wkly Rep 2021;70:702-6.

37. Schroeder LF, Bachman MA, Idoni A, Gegenheimer-Holmes J, Kronick SL, Valdez R, et al. Predicting Direct-Specimen SARS-CoV-2 Assay Performance Using Residual Patient Samples. J Appl Lab Med 2022;7:661-73.

38. Dehesh P, Baradaran HR, Eshrati B, Motevalian SA, Salehi M, Donyavi T. The Relationship Between Population-Level SARS-CoV-2 Cycle Threshold Values and Trend of COVID-19 Infection: Longitudinal Study. JMIR Public Health Surveill 2022;8:e36424.

39. COVID-19 APHP-Universities-INRIA-INSERM Group. Early indicators of intensive care unit bed requirement during the COVID-19 epidemic: A retrospective study in IIe-de-France region, France. PLoS One 2020;15:e0241406.

40. Han AX, Toporowski A, Sacks JA, Perkins MD, Briand S, van Kerkhove M, et al. SARS-CoV-2 diagnostic testing rates determine the sensitivity of genomic surveillance programs. Nat Genet 2023;55:26-33.

41. Karlafti E, Tsavdaris D, Kotzakioulafi E, Kaiafa G, Savopoulos C, Netta S, et al. The Diagnostic Accuracy of SARS-CoV-2 Nasal Rapid Antigen Self-Test: A Systematic Review and Meta-Analysis. Life (Basel) 2023;13:281.

42. Keskin AU, Ciragil P, Topkaya AE. Clinical Accuracy of Instrument-Read SARS-CoV-2 Antigen Rapid Diagnostic Tests (Ag-IRRDTs). Int J Microbiol 2022;2022: 9489067.

43. Diel R, Hittel N, Nienhaus A. Point-of-Care COVID-19 Antigen Testing in Exposed German Healthcare Workers-A Cost Model. Int J Environ Res Public Health 2021; 18:10767.

44. Diel R, Nienhaus A. Point-of-care COVID-19 antigen testing in German emergency rooms - a cost-benefit analysis. Pulmonology 2022;28:164-72.

Supplementary	Drofor	red Reporting Itoms for Systematic Reviews	
File 1	and M	eta-Analyses (PRISMA) checklist	
Section and Topic	Item #	Checklist item	Location where item is reported
		TITLE	
Title	1	Identify the report as a systematic review.	Page 1
		ABSTRACT	
Abstract	2	See the PRISMA 2020 for Abstracts checklist.	Page 2
		INTRODUCTION	
Rationale	3	Describe the rationale for the review in the context of existing knowledge.	Page 3-4
Objectives	4	Provide an explicit statement of the objective(s) or question(s) the review addresses.	Page 4
		METHODS	
Eligibility criteria	5	Specify the inclusion and exclusion criteria for the review and how studies were grouped for the syntheses.	Page 5-6
Information sources	6	Specify all databases, registers, websites, organisations, reference lists and other sources searched or consulted to identify studies. Specify the date when each source was last searched or consulted.	Page 5-6
Search strategy	7	Present the full search strategies for all databases, registers and websites, including any filters and limits used.	Page 5-6
Selection process	8	Specify the methods used to decide whether a study met the inclusion criteria of the review, including how many reviewers screened each record and each report retrieved, whether they worked independently, and if applicable, details of automation tools used in the process.	Page 5-6

Section and Topic	ltem #	Checklist item	Location where item is reported
Data collection process	9	Specify the methods used to collect data from reports, including how many reviewers collected data from each report, whether they worked independently, any processes for obtaining or confirming data from study investigators, and if applicable, details of automation tools used in the process.	Page 5-6
Data items	10a	List and define all outcomes for which data were sought. Specify whether all results that were compatible with each outcome domain in each study were sought (e.g. for all measures, time points, analyses), and if not, the methods used to decide which results to collect.	Page 5-6
	10b	List and define all other variables for which data were sought (e.g. participant and intervention characteristics, funding sources). Describe any assumptions made about any missing or unclear information.	Page 5-6
Study risk of bias assessment	11	Specify the methods used to assess risk of bias in the included studies, including details of the tool(s) used, how many reviewers assessed each study and whether they worked independently, and if applicable, details of automation tools used in the process.	N/A
Effect measures	12	Specify for each outcome the effect measure(s) (e.g. risk ratio, mean difference) used in the synthesis or presentation of results.	Page 6
Synthesis methods	13a	Describe the processes used to decide which studies were eligible for each synthesis (e.g. tabulating the study intervention characteristics and comparing against the planned groups for each synthesis (item #5)).	Page 5-6
	13b	Describe any methods required to prepare the data for presentation or synthesis, such as handling of missing summary statistics, or data conversions.	Page 5-6
	13c	Describe any methods used to tabulate or visually display results of individual studies and syntheses.	Page 6

Section and Topic	ltem #	Checklist item	Location where item is reported
	13d	Describe any methods used to synthesize results and provide a rationale for the choice(s). If meta-analysis was performed, describe the model(s), method(s) to identify the presence and extent of statistical heterogeneity, and software package(s) used.	Page 6
Synthesis methods	13e	Describe any methods used to explore possible causes of heterogeneity among study results (e.g. subgroup analysis, meta-regression).	Page 6
	13f	Describe any sensitivity analyses conducted to assess robustness of the synthesized results.	N/A
Reporting bias assessment	14	Describe any methods used to assess risk of bias due to missing results in a synthesis (arising from reporting biases).	N/A
Certainty assessment	15	Describe any methods used to assess certainty (or confidence) in the body of evidence for an outcome.	N/A
		RESULTS	
Study selection	16a	Describe the results of the search and selection process, from the number of records identified in the search to the number of studies included in the review, ideally using a flow diagram.	Page 7
	16b	Cite studies that might appear to meet the inclusion criteria, but which were excluded, and explain why they were excluded.	Page 7
Study characteristics	17	Cite each included study and present its characteristics.	Page 7 – Tables 1
Risk of bias in studies	18	Present assessments of risk of bias for each included study.	N/A
Results of individual studies	19	For all outcomes, present, for each study: (a) summary statistics for each group (where appropriate) and (b) an effect estimate and its precision (e.g. confidence/ credible interval), ideally using structured tables or plots.	Page 7,8 - Tables 1 & 2

Section and Topic	Item #	Checklist item	Location where item is reported
Results of syntheses	20a	For each synthesis, briefly summarise the characteristics and risk of bias among contributing studies.	N/A
	20b	Present results of all statistical syntheses conducted. If meta-analysis was done, present for each the summary estimate and its precision (e.g. confidence/credible interval) and measures of statistical heterogeneity. If comparing groups, describe the direction of the effect.	Page 7,8 – Tables 1 & 2 – Figures 1-4
	20c	Present results of all investigations of possible causes of heterogeneity among study results.	Page 7,8
	20d	Present results of all sensitivity analyses conducted to assess the robustness of the synthesized results.	N/A
Reporting biases	21	Present assessments of risk of bias due to missing results (arising from reporting biases) for each synthesis assessed.	N/A
Certainty of evidence	22	Present assessments of certainty (or confidence) in the body of evidence for each outcome assessed.	Page 7,8
		DISCUSSION	
	23a	Provide a general interpretation of the results in the context of other evidence.	Page 9,10
Discussion	23b	Discuss any limitations of the evidence included in the review.	Page 10,11
	23c	Discuss any limitations of the review processes used.	Page 9-11
	23d	Discuss implications of the results for practice, policy, and future research.	Page 10-11
		OTHER INFORMATION	
Registration and protocol	24a	Provide registration information for the review, including register name and registration number, or state that the review was not registered.	N/A

Diagnostic performance of the instrument-read Quidel Sofia SARS antigen Fluorescent Immunoassay (FIA)

Section and Topic	Item #	Checklist item	Location where item is reported
Registration and protocol	24b	Indicate where the review protocol can be accessed, or state that a protocol was not prepared.	N/A
	24c	Describe and explain any amendments to information provided at registration or in the protocol.	N/A
Support	25	Describe sources of financial or non-financial support for the review, and the role of the funders or sponsors in the review.	Page 12
Competing interests	26	Declare any competing interests of review authors.	Page 12
Availability of data, code and other materials	27	Report which of the following are publicly available and where they can be found: template data collection forms; data extracted from included studies; data used for all analyses; analytic code; any other materials used in the review.	Upon request to corr. author

From: Page MJ, McKenzie JE, Bossuyt PM, Boutron I, Hoffmann TC, Mulrow CD, et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. BMJ 2021;372:n71. doi: 10.1136/bmj.n71.. For more information, visit: <u>http://www.prisma-statement.org/</u>.